

August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 Week 1 Turkey Mashed Potatoes Gravy Corn	2 Salisbury Steak Baked Chicken Hash Brown Italian Blend Veg	3 Cream of Potato Soup Broccoli/Cauliflower Grilled Chicken Sandwich	4 Turkey Carrots Mashed Potatoes/Gravy Taco Salad	5 Macaroni & Cheese Green Beans Stewed Tomato BBQ Rib Sandwich	6 Fish-Scampi Baked Potato Corn Hamburger	7 Roast Beef Delmonico Potatoes Cooked Cabbage
8 Week 2 Oven Fried Chicken Mashed Potato/Gravy Broccoli	9 Turkey Wax Beans Augratin Potatoes Fruit Crisp	10 Roast Pork Mashed Potato/Gravy Broccoli Cinnamon Apples	11 Cabbage Bake Mashed Potato Peas	12 Meatloaf Baked Potato Herbed Green Beans	13 Grilled Chicken Sand Chicken Tenders French Fries Corn	14 Baked Fish O'Brien Potatoes Carrots
15 Week 3 Chicken Cutlet Augratin Potatoes Oriental Vegetables	16 Roast Beef Mashed Potato/Gravy Lima Beans Corn	17 Healthy Lite Fish or Scampi Broccoli Baked Potato	18 Spaghetti and Meatballs Green Beans Garlic Bread	19 BBQ Chicken Italian Blend Vegetables Mashed Potato/Gravy Vegetable Lasagna	20 Vegetable Soup Grilled Cheese Carrots	21 Pizza Bread Corn Hamburger Fries
22 Week 4 Swiss Steak Baked Potato Carrots	23 Pork Chop Mixed Vegetables Garden Rice	24 Roast Beef Mashed Potato/Gravy Green Beans Corn	25 Beans and Ham Cooked Potato Sauerkraut & Wieners Corn Muffin	26 Meatloaf Red-Skinned Potatoes Brussel Sprouts	27 Hamburger French Fries Peas and Onions	28 BBQ Sandwich Augratin Potatoes Italian Vegetables
29 Week 1 Roast Beef Mashed Potatoes Gravy Corn	30 Salisbury Steak Baked Chicken Hash Brown Italian Blend Veg	31 Cream of Potato Soup Broccoli/Cauliflower Grilled Chicken Sandwich	1 Turkey Carrots Mashed Potatoes/Gravy Taco Salad	2 Macaroni & Cheese Green Beans Stewed Tomato BBQ Rib Sandwich	3 Fish-Scampi Baked Potato Corn Hamburger	4 Roast Beef Delmonico Potatoes Cooked Cabbage

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